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## Membership of the APP

Membership of APP is open to anyone at whatever level of practice, and to all backgrounds and disciplines, who is interested in applying psychoanalytic ideas to their work in NHS-funded and other public sector settings. This includes:

- Anybody who is actively engaged in practising, teaching or learning a psychoanalytic / psychodynamic psychotherapy.
- Anybody who is interested in the application of psychoanalytic / psychodynamic principles in their own field and supports the objectives\* of the APP.
- Anybody who is working in the newer psychodynamically informed psychotherapies, for example DIT, MBT, PIT.

(\*The objectives for which the Association is established are for the advancement of the practice of Psychoanalytic Psychotherapy and its applications in the Public Health Sector, and to support research and education in the field)

**Membership fees 2014: £80;** reduced fee (students / low-waged) £40

**If you want to be a part of a growing, revitalised psychoanalytic movement in the UK, then talk to us about joining the APP, and help us preserve and promote psychodynamic thinking in the NHS.**

Association for Psychoanalytic Psychotherapy in the NHS (APP)  
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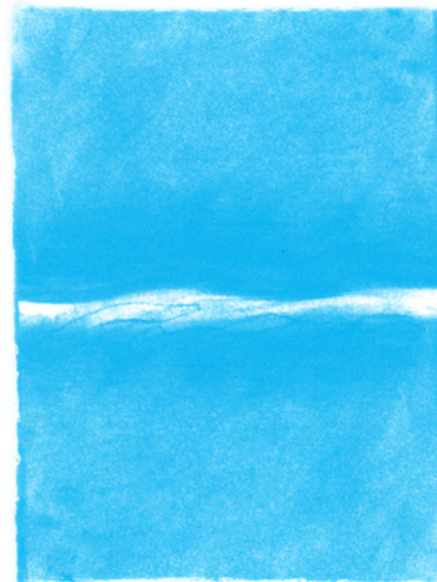
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# A.P.P

## Association for Psychoanalytic Psychotherapy in the National Health Service

### Promoting psychodynamic practice in the public sector



*'Some day the conscience of society will awaken and admonish it that the poor have just as much right to help for their minds as they already have to life-saving surgical help, and that neuroses threaten the health of the people no less than tuberculosis ... [On that day] these treatments ("talking cures") will be free of charge.'*

Sigmund Freud  
Budapest 1918

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The APP is the association for professionals and students of all disciplines and backgrounds, who work in the NHS, public or voluntary sector providing psychoanalytically informed care.

Our shared mission is to promote the highest standards of applied psychoanalytic and psychodynamic work and thinking in the health care system, across the whole age range. We also share the founding values of the NHS to provide prompt access to treatment, free at the point of need, to all people who can benefit.

The APP believes that all patients can expect their treatment and care to be delivered expertly and safely by practitioners with the right training and skills, whose work is appropriately supported and regulated. We are also actively involved in developing and promoting the evidence base for effective psychoanalytic psychotherapies, and in supporting patient choice and patient-centred care in the public sector.

Much of APP's work is to support the professional development of all our members. We strive to be a model for an inclusive community of shared professional interests to improve social cohesion and emotional wellbeing. To this end we seek to champion innovative and effective psychoanalytic treatments, and increase availability of psychoanalytic care in all public settings.

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We offer benefits to our members in a number of ways:

- publishing our quarterly **journal**, *Psychoanalytic Psychotherapy* [[www.app-nhs.org.uk/content/psychoanalytic-psychotherapy](http://www.app-nhs.org.uk/content/psychoanalytic-psychotherapy)], which is sent to members along with free online access available to all our journal back issues
  - distributing a regular **e-newsletter** with NHS news and what is happening to psychoanalytic services around the country
  - an **annual conference**, in partnership with other psychoanalytic organisations, and our **annual research lecture**, which attracts the leading national and international researchers in our field
  - a dedicated **website** for professional networking, event listings and access to online resources including *Psychoanalytic Psychotherapy* [[www.app-nhs.org.uk](http://www.app-nhs.org.uk)]
  - opportunities to join **special interest networks** for practitioners working in primary care, for example, and with older adults, with people with learning difficulties, with children and families, LGBT practitioners, and for clinicians interested in research and outcomes measurement, all of which offer continuing professional development
  - forming and maintaining **links** with other national and international organisations as a community of interest, and a contemporary professional discipline in a changing public sector
  - **engaging politically** with the bodies responsible for the development and provision of public sector services to ensure we are seen as relevant and to secure the future for our discipline
  - **promoting** the value of psychoanalytic ways of working to NHS employers and commissioners across the breadth and depth of publicly funded health and social care settings, and the full reach of the current mental health strategy
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